



آغا خان یونیورسٹی  
THE AGA KHAN UNIVERSITY

Donor Impact Report  
**Patient  
Welfare  
2015**





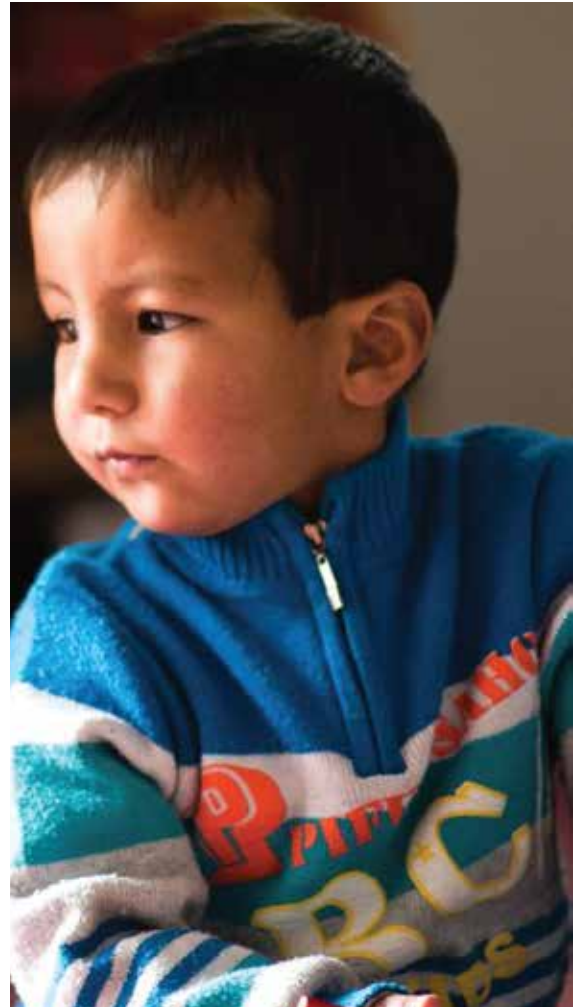
**“My family was absolutely devastated about my diagnosis. They were agonising over who would perform the operation and how we would find the money to pay for it.”**

It will probably give you great joy in knowing that your support has gone a long way towards helping Sadaf Rehman, a mother of two young daughters in her struggle with **Breast Cancer**. A resident of northern Karachi, she began her excruciating journey in August 2013 when she felt sharp pains in her chest. This growing discomfort led her to seek the aid of a doctor near her hometown.

Examining her, he gave Sadaf the fearful diagnosis and told her to see a “good doctor”. Terrified, poor Sadaf consulted her cousin (working in the medical profession) who advised her to undergo a checkup at the AKUH. At the Department of Surgery, another stressful round of tests confirmed the dreaded diagnosis. Dr Shaista Khan, head surgeon of the department, successfully performed the delicate operation to remove the tumor. Within a month of her first experiencing aches, she was already well on her way to recovery thanks to the combined efforts of the excellent AKUH surgical team and the Patient Welfare Programme, which supported her treatment. Sadaf has to keep coming to the hospital over a period of five years to have regular follow-up check-ups. However, her nightmare over, Sadaf has regained the normalcy of her life.



# Take another look at the humanitarian efforts of the **Patient Welfare** Programme...



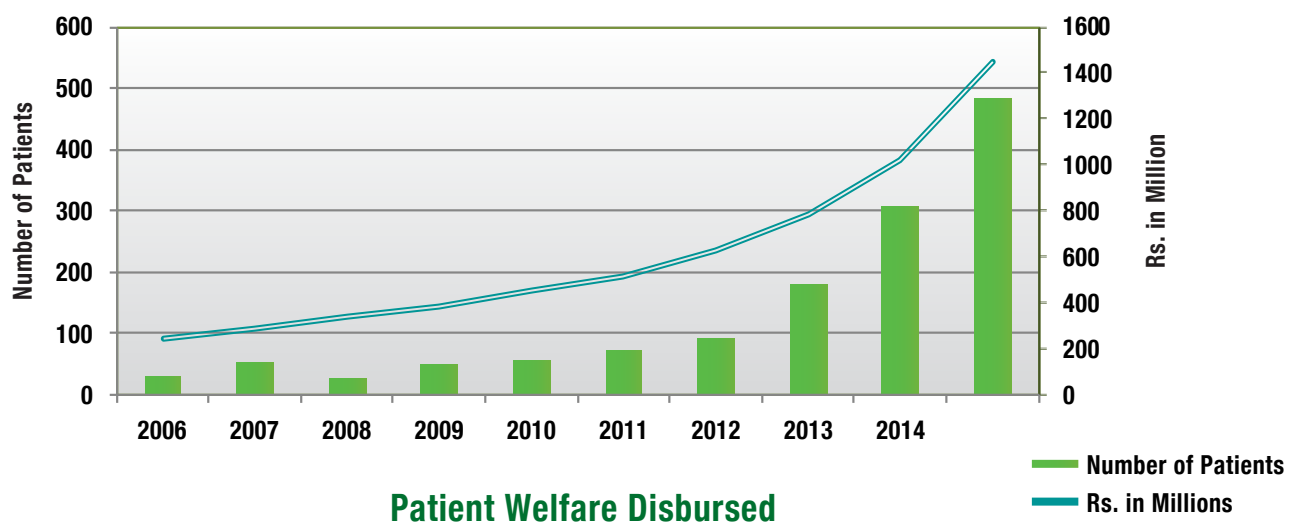
Four year old Shoaib Ahmed calls Korangi, Karachi home. Since his other five siblings are perfectly healthy, his family was baffled why their little child would suddenly stop running midway in his excitement to play with the neighbourhood kids, wheezing and gasping for breath. “He was constantly tired and suffered from severe breathing problems,” recalls his father.

Although he was born healthy, Shoaib is of delicate build and appears small for his age. These are two of the telltale signs of **Patent Ductus Arteriosus**, a congenital heart defect, which occurs when a vial in the heart remains open. This condition usually goes undetected at birth, but within the first year of life, its worrying symptoms such as shortage of breath and poor weight-gain become increasingly apparent. If untreated in time, PDA leads to congestive heart failure.

Shoaib’s stricken family took him to see Dr Bashir at the Tabbha Heart Hospital. Examining him, Dr Bashir felt that the AKUH was the best hospital to treat Shoaib and accordingly referred him there to the Department of Paediatrics and Child Health. Dr Babar Hasan successfully operated on Shoaib within four days of the referral. **The Patient Welfare Programme** covered the cost of treatment. Shoaib can now play with the other children.

The AKUH strives to keep helping the underprivileged people of our country.

For the year 2015, we can inform you with pride that a sum of PKR 1.45 billion (US\$ 14.2 million) of patient welfare was disbursed to over 485,000 patients, 42% higher than it was in 2014. We hope to disburse even more in the upcoming year!



How very humbling to know that together, we have been blessed with the power to change peoples' lives for the better.

**Here's to continuing being an  
answer to their prayers.**

Contact us if you want to help our cause:  
[resource.development@aku.edu](mailto:resource.development@aku.edu)  
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