

WHAT IS THERE, BEYOND THE SECRET?

By Farhan Jumani

Introduction

A few days back, in ordinary daily routine, I thought of something in my mind, and it appeared in reality, I ignored by the thought that it happened in stroke of luck, after few days, again the same happened twice or thrice. I started reflecting on it. I asked my self what it is. What is the secret behind this? What is the force behind this? How my wishes turn into reality? I started search on it, after a struggle I found the answers, which make sense to my understanding.

The faithful man who is able to control his senses attains the knowledge that takes him to supreme peace. (Bhagvad Gita.)

This article is an attempt to explain the theoretical and practical elements of the Law of attraction through mental vibrations.

In this decade, thanks to modern scholarship, that has made efforts to understand the law of attraction and shared it experiences. It gave us the lens to understand metaphysics as a philosophic theory instead of imaginary sight. This study tries to unfold the ancient wisdom, the power of mind and willpower, and the power within us. With this phenomenon, we can learn to control our minds; we can bring positive change in our thoughts and attitudes to achieve our goals.

What is Law of Attraction?

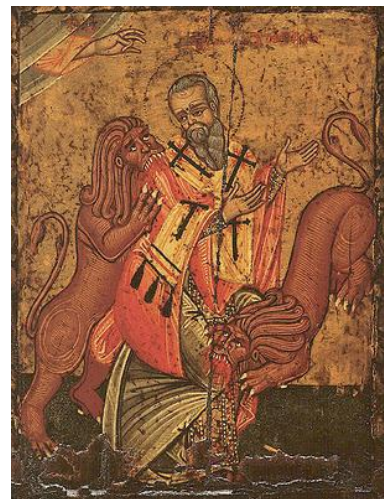
It is a name given to the belief 'Like attract like' defined by William W. Atkinson, there is a potential force in our mind. By focusing on thoughts, one can bring about the desired results (Theory of mental wave). For instance, a public speaker stands up for talk with a belief, that he wins the hearts of his listeners he will achieve that. In the



same way, if he believes that he is not able to win the hearts of listeners his fear will come true. Similarly, if we observe the nature of man, many things attract him like gold, treasure, beauty, wealth, health and so on. One will be attracted with the toddlers, but never with the elders. Once a man achieves what he wants, the attraction from that ultimately get less. There is no scientific basis for these laws. However, one can turn these laws into opportunity to improve the quality of life. The secret has been revealed below; the path is showed to achieve our desires by using our mental vibrations and spiritual resources.

The Ancient Wisdom:

In the last millennium, a lot of work has been done to understand how the successful emissary expanded the beautiful knowledge and wisdom. Thanks to intellectuals and researchers who devoted their energy to bring out that beautiful knowledge, which allows us to take benefit from it. In this subject, most prominent scholars served to draw the old doctrines more coherent Wallace Wattles, James Allen, William Walker Atkinson. Napoleon Hill.



A man literally is what he thinks;

His character is the sum of his thoughts. (James Allen)

The above theory of mental wave was supported by the advanced neurology and psychology that took place in his time. However, later in the contemporary period many scholars critique the concept.

If on other hand, I look at the Islamic world, especially in Ismaili History, Our Emissary Syedna Abu Yaqub al-Sijistani, Sydena Hamiduddin Kirmani, Syedna Nasir Khusrow, Syedna Hassan Bin Sabah, Syedna Pir Shams Sabzwari. All these great masters possessed this power of mind and they zealously guarded the wisdom in the few

individuals or the selected group. The gist of which in the words of Aga Khan IV is as follows.

We are the authors of our own destiny. ~Aga Khan IV~

These words of Aga Khan IV spread the positive energy and simply mean that we can become what we want. If we shrink all this into one word: “Faith.” Faith in yourself, in your belief and in them you are associated with. Above all, Have Faith in that power (yourself) which controls your destiny. Acquire these qualities within; one can use hidden energy in easy and efficient manner to attain perfection.

The Power of Mind and the Will Power

All that the mind can conceive and believe in, can be attained. (Napoleon Hill)

Mind plays a vital role to trigger our body. Therefore, by using the right power of thoughts we can achieve success in life. We have witnessed many situations in our life. When one tries to bring revolution though people do not support the idea, his own confidence and belief turn the entire situation to achieve the set goal. All we need is a clear and well defined goal. In the contemporary



time, Mahatma Gandhi, Muhammad Ali Jinnah, William Shakespeare, Edison, their achievements set the clear example for us. All these great personalities share the commonality in the way of their success, they knew what they wanted, and they could visualize it, therefore they had the plan of action which means the power of mind and that kind of envision is a key to accomplishment in all the activities. Simply we have to adopt the basic mantra Picture! Picture! Picture! to achieve what we want be sure not to develop pictures of fears and worries, it will cause your mind to create for you what you don't want.

All you need is to know where you want to reach;

The solution will come up spontaneously. (Earl Nightingale)

The power within us

I am the master of my fate:

I am the captain of my soul. (William Ernest Henley)

The one of the essence of Religious doctrines is the Personal search. To understand who you are, where you come from. There is a very beautiful poetry to understand this notion.

Bulla! ki jaana maen kaun

Bulla! I know not who I am

Na main momin vich maseetan

Na main vich kufar diyan reetan

Na main pakan vich paleetan

Na main bheth mazhab da paaya

Na main aadam havva jaaya

Na main apna naam dharaaya

Avval aakhir aap nu jaana

Na koi dooja hor pacchana

Maithon na koi syana

Bulla! ki jaana maen kaun

Nor am I believer of the mosque,

Nor am I in rituals of the infidel

*Nor am I the pure inside the
impure.*

Nor did I attain the mystery of faith,

Nor did Adam and Eve created me

Nor did I name myself.

*Beginning or end, I just know the
self,*

Do not acknowledge duality.

There's none wise than I.

Bulla I know not who I am

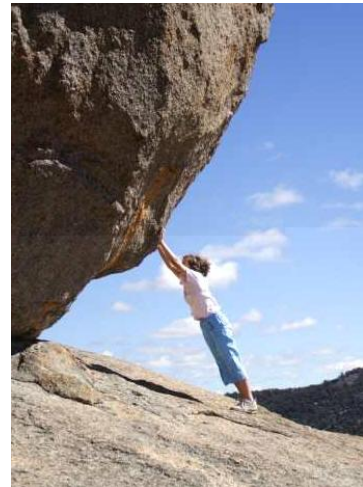
This leads us to the conclusion that the power is within us, all we have to do is to search that power and make this principle of positive attitude a part of our daily life. The ultimate height of the positive attitude should be as Sultan Muhammad Shah Aga Khan III explained in his philosophy of happiness "if a wall tumbles down and crushes my foot I must say: "That is the best thing that could happen to me." This attitude is the concrete solution of all the concrete problems. Use this attitude as a force, it helps confronting and

enhances the skill of solving all the problems. As His Highness The Aga Khan IV said to get the eternal satisfaction, peace and happiness. *“There is only one sure key for happiness that is prayer.”*



Conclusion

The above arguments lead us to believe in the tremendous energy of our mind. We all can experience the peace in our mind and hearts by uttering the name of divine. One of Holy Quran Ayat says (13:28) *“By recollecting God, heart become peaceful.”* Today all these scriptures and other devotional literatures give us opportunity to enrich our lives by implementing these laws in our lives through which we can uplift our body and soul and create balance between the temporal and spiritual life. We should not ignore the spiritual side of our lives, which can lead us to a great blunder.



You are your deep and constant desire, as is your desire, so is your will, as your will, so is your effort and as your effort, so is your destiny, (Hindhu Upanishad)

If we practically try to imbibe these qualities in our nature, it will respond to the needs of society, it will reduce poverty alleviation, and raise the human values. It will remove the corruption and help control environmental management and natural resource management. It will reduce economic pressure, which will not impact only our worldly life but also our spiritual life. Therefore, we should continuous remain engaged in search of ourselves, flushing the ego and the negative desires of the vein. This is the key to see yourself and Ultimate Divine.

When I found myself within, I found there was no divisibility I was not “I” but You! Rumi